Aminoacetic Acid (glycine)

Learn about aminoacetic acid's role as a neurotransmitter.

Applications
Glycine is an amino acid with hydrogen as its side chain and is naturally biosynthesized in the human body from serine. As a neurotransmitter, it is known as an inhibitor in the spine and brain stem and has also been recognized as a positive treatment for schizophrenia by improving cognition. In industry, it is a common food additive and has been used in production of various items such as sponges and fertilizers.

Reference
